



HEALTHY BREAKFAST	£8.75
<i>exotic fresh fruit salad, organic natural yoghurt with organic honey &amp; your choice of herbal tea</i>	
DELUXE MUESLI	£6.50
<i>served with bananas, seasonal berries and organic brazilian wildflower honey</i>	
ROLLED OATS PORRIDGE	£6.25
<i>served plain or with organic brazilian wildflower honey</i>	

**VQ FULL ENGLISH BREAKFAST**  
*fried egg, toasted english muffin, cumberland sausage, crispy bacon, mushrooms, heinz baked beans & grilled tomato*  
**small £7.50 large £11.25**

EGGS BENEDICT / ROYALE / FLORENTINE	£5.25 / £7.75
CRISPY BACON BAP	£4.50
<i>sesame seeded bap</i>	
CUMBERLAND SAUSAGE BAP	£4.50
<i>sesame seeded bap</i>	

**SCRAMBLED EGGS & OSCIETRA CAVIAR £55.00**

SCRAMBLED EGGS & SMOKED SALMON	£8.95
<i>wholemeal toast</i>	
AMERICAN BREAKFAST	£8.25
<i>buttermilk pancakes served with warm maple syrup, mixed berries &amp; crispy bacon</i>	
FRENCH TOAST & MAPLE SYRUP	£6.50
2 EGGS ANY STYLE, BROWN TOAST	£4.50
OMELETTES	£6.95
<i>choice of the following fillings: (add 50p per filling)</i> <i>goat's cheese, spinach, red peppers, cheddar, onions, mushrooms, ham, bacon, tomatoes</i> <i>choice of salad or brown toast</i> <i>egg white omelettes available upon request.</i>	

WE ONLY USE FREE RANGE ORGANIC EGGS

FULL MENU ALSO AVAILABLE....



### **Therapeutic DIVIA Teas £3.00**

RELAX THE BRAIN – ginger & whitethorn blend

*encourages deep relaxation*

REFRESH THE BRAIN \* - ginkgo & nettle leaves blend

*helps to crystallize thoughts and focus attention*

REVITALIZING WHITE LIGHT \* – pure white tea

*pai mu tan cleansing, nourishing white tea extremely rich in anti-oxidants and contains vitamin E to promote a glowing complexion*

MEN'S BLEND – lemongrass & ginseng blend

*helps to support the immune system and maintain sexual health*

WOMEN'S BLEND – camomile, cardamom & clove blend

*helps to maintain and restore hormonal balance and support the immune system*

SLIMMING – yerba maté & aniseed blend

*helps to manage the appetite and keep the digestive system healthy*

LIVER SUPPORT \* - peppermint, vervain & green tea

*helps to cleanse the system of harmful toxins*

#### **CAPPUCCINO, CAFFE LATTE, ESPRESSO, FILTER COFFEE £2.25**

with flavoured syrups: *hazelnut, vanilla, amaretto & cinnamon* (add 50p)

FRESHLY SQUEEZED ORANGE JUICE £3.25

FRESHLY SQUEEZED APPLE JUICE £3.25

CADBURY'S HOT CHOCOLATE £2.75

### **Classic Teas £2.50**

ENGLISH BREAKFAST\*

EARL GREY RED BARON\*

FOREST BERRIES

CAMOMILE FLOWERS

GENMAICHA GREEN TEA\*

GINGER & LEMONGRASS

FRESH MINT OR GINGER INFUSIONS

\* Contains Caffeine

